



Macandrew Bay School

Macandrew Bay School Newsletter - 25 August 2023

Kia ora koutou,

It has been one of those weeks that has whizzed by and the tamariki have been enjoying all that has been on offer. We have had Harold and Maria in the school talking to the tamariki about: What makes us different and that we are all special and unique individuals and sometimes we don't all think the same way. Our Year 6 class, Toroa held a very successful class fair yesterday to raise money for Christmas boxes so that children in need can receive a box of goodies on Christmas Day. Thank you to Judy Hawker and the tamariki for their leadership and modelling manaakitanga.

Today as you can see from our photos it has been our annual Dress up as a book character day with everyone enjoying the grand parade and the teachers pantomime based on the book : Get Back in Your Books by Rory H Mather.

Have a great weekend!

Noho ora mai

Nic



Kererū kids have been busy!

The first 6 weeks have flown by this term and plenty has been happening in Kererū.

We followed the Women's Fifa World cup with great interest and enjoyed developing our own football skills during PE time. We loved the opportunity to share our fancy footwork with our buddy class. We are looking forward to having our own Football World Cup now that the weather has improved.

A highlight for us this term during our literacy rotations has been 'The Amazing Race'. We need to answer specific questions, find out certain information and discover other interesting 'stuff' about that specific country. As we race around the world we earn air points. The things we are learning about these countries are really interesting and in the process we are refining our presentation skills as we present our work in our books.

We enjoyed hosting the whānau assembly last week and sharing our talents with you all. One of the highlights was performing our Jump Jam dance "Freaks". Jump Jam is a great way to keep fit and have fun! We are looking forward to learning some of the other dances too.

We also showed off our beautiful Pete Cromer inspired art we did with Mrs Sharma. We used bursts of colour, patterns and different shapes to create our masterpieces. They are going to be on display in the office area so make sure you come and have a look.

We have also started our Memoir writing. We used an excerpt from Gavin Bishop's book 'Piano Rock' about making huts. It has been our inspiration to write our own memoir piece on making huts. Listening to each other's memories of building huts has been fun and has generated lots of interesting thoughts and feelings. Some of our opening statements to hook the read in are ...

When I was 8 I used to do all sorts of stuff but the thing I loved the most was building huts.

By Freya

When I was little (and I still am) I built and built and I loved it.

By Mitch

When I was eight (I'm still eight) I loved to build huts with my friends Tina, Koru, Robin and the boss, Wilson.



Dates to Remember

COMING UP NEXT
WEEK:

SCHOOL PHOTOS- Tuesday 29th and Wednesday 30th August (see article)

Home and School Pie Fundraiser- collection Thursday 31st August- Macandrew Bay Hall, 2:30pm onwards.

Term dates for 2023:

Term 3

- starts Monday 17 July
- ends Friday 22 September

Term 4

- starts Monday 9 October
- ends *Friday 15th December 2023, 12pm*

Other days including Public Holidays coming up:

Labour Day- Monday 23rd October

Staff only day- Friday 17th November 2023

Term 3 dates:

Whānau and School Fundraising Team meeting- Thursday 27th July at 7pm in the school Library- Everyone welcome!

Peninsula Schools Art Exhibition 2023- Term 3, Week 3 (July 31st- August 5th) Theme "I dream of painting and then I paint my dream" Vincent Van Gogh

Cook Island Language Week 31st July- Friday 4th August

Student Led conferences- Week 3- Wednesday 2nd August (see Student led conference article for booking details) *Tūī class Wednesday 9th August.*

Maths Week- 7th-11th August

Ski weekends for all whānau @ Cardrona- 12th & 13th August and 26th & 27th August

Board of Trustees Meeting- Monday 14th August, 6:30pm

Life Education- 22nd-25th August

Scholastic Book Fair- 21st- 25th August

Toroa Class Fair- Thursday 24th August

Daffodil Day 2023- Friday 25th August

Book Character Dress up Day- Friday 25th August

SCHOOL PHOTOS- Tuesday 29th and Wednesday 30th August (see article)

Te Wiki o Te Reo Māori and Otago Polyfest- 11th-15th September (Week 9)

Whānau and School Fundraising Team meeting- Thursday 14th September at 7pm in the school Library. Everyone welcome!

Board of Trustees Meeting- Monday 18th September, 6:30pm.

Art Gallery Trips for Tūi, Kererū and Rātā- Week 10 (18th and 19th September) dates and times to be confirmed next week.

Parent/Whānau Assemblies Term 3:

Friday 18th August, 2pm- Kererū class leading. Other classes sharing a short Drama item and song.



TOROA CLASS FAIR a big success!

A huge thank you to the children of Toroa Class, all of the other children in our school, and their awesome families for the donations of baking, toys, books etc they provided for our Toroa Class fair. We were so amazed to count up the money and see that we had raised approximately \$962!

The Year 6 children displayed outstanding leadership and organisational skills. Thank you to the other children for their good manners and respect.

The money raised will go towards filling approx 24 Christmas Boxes and postage for Operation Christmas Child. There will also likely be enough money to donate some to Make a Wish Foundation and/ or Child Cancer. Thank you once again for your support.



Book Character Dress up Day!

We had such a FUN morning at our special assembly for Book Character Dress up day. Thanks again to Stephanie Pettigrew and her team for running the Scholastic Book Fair this week. We made \$760 to spend on library books for our amazing library!



Future enrolments at Macandrew Bay - Do you know anyone that would love to join our amazing school?

We currently have places across most of our Year groups. We need to be able to accurately predict our roll for up to three years ahead and need your help to get our prospective enrolment information as accurate as possible. This information is really important for our July 1st roll return data which is used to generate our staffing entitlement for each year. (How many classes and teachers we will be able to have etc). **We are hoping to retain our 7 classes in 2024 and we will know soon when we get our staffing entitlement**

through for next year.

We need to have up to date information about children who are likely to attend our school in the future and so if you have a pre-school child or know of a neighbour or a friend with a child who plans to send them here this year or in the next few years and who lives within our school zone then please get them to ring or email the school with the child's name, date of birth, address and parent's contact phone number. That would be really helpful for us in planning for the future.

Children usually start coming along for valuable pre- school visits to the New Entrant classrooms about 6 weeks before they are due to start and this helps them transition successfully to school. Get in touch with us here at school about 2 months prior to your child's birthday to get this all arranged.

We are happy to arrange times to show families around the school if you want to know more about the school before putting your child on our enrolment list. Just ring the school or email Nic on principal@macandrewbay.school.nz

If you live outside of zone and wish to seek information on space availability either in our New Entrant classrooms or other classes please contact our office - Ph (03) 4761 004.



Harold enjoying his time at school this week!



School Photos- Next Week

Tuesday 29th and Wednesday 30th August

The lovely Jackie Hay who has done our school photos for the last couple of years is unable to do our school photos this year due to other work commitments. We have Edith Leigh photography taking our photos at the end of the month. (Tuesday 29th and Wednesday 30th August) see her message below!

Kia ora Macandrew Bay School Whānau

I'm excited to be coming to Macandrew Bay School for school photos at the end of this month. My style of school photography is a little bit different to traditional school photography. I am all about capturing each child's personality and getting natural and authentic expressions from them. [Click](#)

[this link to get all the information you need](#) about your photo days, and to get a feel for who I am and the style of pictures you can expect. You are welcome to bring in siblings who do not attend Macandrew Bay School for sibling photos between 8.00am and 9.00am, **but you do need to book**. You'll find the booking link on the info page. I look forward to capturing the smiles of all of your children soon.

Warmly, Edith

Edith Leigh Photography edithleighphotography.nz



Macandrew Bay School Frozen Pies & Savouries Fundraiser

Thank you to everybody who supported our pie fundraiser. We raised \$790 for the school - awesome!

Also a reminder about collection day - **Thursday 31st August** from the Macandrew Bay Hall from **2:30pm onwards**. Please bring some boxes and bags for your goodies.



Teacher/Staff Only Day- Friday 17th November

The Board of Trustees have approved another teacher/staff only for Friday 17th November. School will be closed for instruction on this day.

We will be working alongside staff from Portobello, Broad Bay and Andersons Bay schools. The day will be facilitated by local Ministry of Education Curriculum Leaders and focused around Te Mātaiaho. Te Mātaiaho, the refreshed framework for the New Zealand Curriculum, is a curriculum designed for all ākonga, to ensure their sense of belonging and ability to flourish through high-quality learning experiences.



Kapa Haka updates

This year our whole school is involved with Kapa Haka. We are very excited to be all performing at the Otago Polyfest (30th Year) in Week 9. We have two groups performing- The Seniors (Tuakana) and Juniors (Teina). As soon as we have the dates confirmed we will let you know but it will be sometime in the

week of **11th-15th September.**

I have added some links for the waiata and the song words are below in a word doc. We are grateful to Mr Cameron Livingstone and Jess McAuley for their awesome guitar playing. We have a couple of our tamariki that we hope to have accompany our group as well. We won't have enough Kapa Haka uniforms this year for the tamariki to all wear but we will let you know shortly what we are planning for this but probably either our Macandrew Bay t shirts or the colour black or white.

Te Aroha

https://www.youtube.com/watch?v=uefjdSCkzPo&ab_channel=DelmaRae

Tihore Mai te rangi

https://www.youtube.com/watch?v=AXtZlYa24-Q&ab_channel=whakaaritamariki

Tutira mai nga iwi

https://www.youtube.com/watch?v=HdNbBgGoRvs&ab_channel=6cceeders

Whakarongo ki te ruru kōkōu

https://www.youtube.com/watch?v=tB628lcqpiI&ab_channel=HiriniMelbourne-Topic

Purea Nei

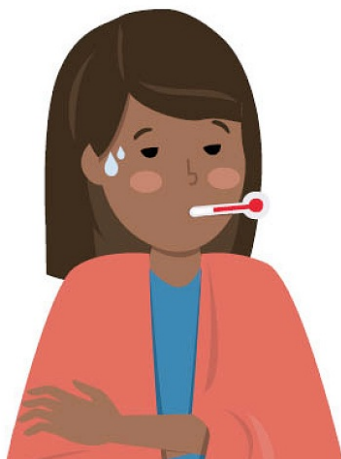
https://www.youtube.com/watch?v=wRWwrdRjkDA&ab_channel=RNZ

E Minaka ana

https://www.youtube.com/watch?v=IBsU1I3y0DM&ab_channel=NerehanaWhanau

Check out our performance from last year at Polyfest!

https://www.youtube.com/watch?v=LCJ3f2nm4II&ab_channel=OtagoPolyfest



Sickness- What to do if your child is feeling sick?

We have had a huge amount of sickness through our kura in the last two weeks. Hopefully things are on the improve! Here are a few reminders and things to look out for if your child is sick.

Influenza

Key points to remember about the flu

- the flu (influenza) can be a serious and sometimes life-threatening viral infection
- it is not the same as having a bad cold
- flu is very easy to catch so good hygiene is very important to reduce spread
- even if your child is fit and healthy, they can easily catch the flu
- flu immunisation every year offers the best protection
- keep infected children away from other people and don't send your child to day care or school if they are unwell
- contact your doctor if you are concerned about the severity of your child's symptoms, they are under 12 months old, or have a long-lasting (chronic) medical condition

What is the flu?

Influenza, commonly called 'the flu', is an infection caused by the influenza virus. It affects the nose, throat, lungs and other parts of the body. The flu can be a serious and sometimes life-threatening infection. It infects many people every year, mostly during the winter months in New Zealand.

What are the signs and symptoms of the flu?

Flu in children usually causes at least 2 or 3 of the following symptoms:

- a fever that starts suddenly (a temperature more than 38 degrees Celsius)
- body aches or pains
- headache
- dry cough which may become moist
- sore throat
- low energy or fatigue
- chills or shivering
- runny or stuffy nose
- upset tummy, vomiting or diarrhoea

Sometimes people confuse a cold with the flu. But with the flu, people are generally more unwell and flu symptoms may last longer.

Occasionally, flu can cause serious illness. This depends on the type of virus and a child's age and general health. The flu can be more serious in children who also have a long-lasting (chronic) disease. Your doctor can give you more advice if your child has one of these conditions.

If your child is displaying one of the following symptoms you are best to keep them home.

Fever

This is one symptom that automatically rules out school, no questions. Your sick child should be fever-free without medication for at least 24 hours before you send them back to school. Keep your child home, making sure they drink plenty of fluids and can recover from whatever they are battling.

Diarrhoea

This could be a sign of a viral infection, so it's best to keep your child at home. Diarrhoea can cause dehydration so keep offering clear fluids but avoid drinks containing sugar including fruit juices (dilute apple juice is ok).

Vomiting

Aside from the fact that your child won't be comfortable, they could vomit again. Keep them home until they have gone 48 hours without vomiting as they may remain contagious until 48 hours after the last bout of sickness.

Cough

It depends on how severe the cough is. Coughs can spread infection to other students. A serious cough can also keep a child from getting a good night's rest, which means they will be too tired for school in the morning. As a general rule, if your child has a serious wet cough, particularly if it's accompanied by breathing troubles, seek medical advice. But if it's just a mild, occasional cough and they have no other symptoms, they can probably go to school.

COVID

Just a reminder about keeping your tamariki home if they are unwell. We have plenty of RAT tests available in the office if your whānau would like these. We are happy to send these home with your child if you email the office. Please let us know if your child does test positive with Covid-19 so we can monitor the potential spread in classes and support you.

I have included a link with the latest MOH information.

<https://covid19.govt.nz/>

In summary:

If you test positive for COVID- You must self-isolate for 7 days while you recover.

Day 0 is the day your symptoms started or when you tested positive, whichever came first.

Your Household Contacts do not need to isolate. They should test daily for 5 days. If they test positive, they need to begin 7 days of isolation as someone with COVID-19.

Runny nose

If you kept your child home every time they had the sniffles, they would miss a lot of school. Use your judgment. If they have a runny nose but seem otherwise fine, then it's probably okay for them to go to school (with a box of tissues).

Trust your instincts. If your child seems lethargic and just not themselves (if they're not interested in playing, that is often a big clue), keep them home and monitor them for any signs of illness.



Mental health self-care for parents/whānau

Parents and whānau you are doing an awesome job. Here are a few tips to make sure you are looking out for your own mental health and wellbeing.

As a parent, you've always got a to-do list. But it's also important that you look after your own mental health and wellbeing. Taking care of your mental health needs will help you feel more able to deal with the tricky moments when they arise.

Make time to do things that give you energy and make you feel good.

- Get active. Exercise can prompt chemical changes in the brain and cause positive changes in our mood. You don't need any special equipment. Try following a yoga tutorial on YouTube or a workout in your living room. Go for a run or a solo walk in your local area. Whatever you choose, getting your body moving can be great for your mental wellbeing.
- Do something you love. Take some time to do activities that relax you. Put your feet up and read your favourite book, watch a film, or take a long bubble bath. This can help remind you that you're still a whole person, not 'just' a parent.
- Cook a proper meal. Dust off the cookbook and test that recipe you've been meaning to try. Making a tasty meal from scratch can give you a sense of achievement, and you get to sample something new. Use it as time to help you unwind. Listen to your favourite podcast or album as you go.
- Spend quality time with loved ones. Catch up with a friend or family member. Organise a coffee, meet up to go on a walk together or call them on the phone.
- Celebrate your achievements. Being a parent/caregiver can be so rewarding but it also comes with plenty of challenges. Take a step back to reflect on how much you've accomplished. Be kind to yourself! Write down a few of the hurdles you've managed to tackle since becoming a parent/caregiver.
- Celebrate even the smallest of wins and take pride in how far you've come.

Article from <https://parents.actionforchildren.org.uk/>



Calendar Art School Fundraiser

We have been very busy creating some amazing art work for our Calendar Art. These make perfect Christmas presents for family and friends!

Your child's individual art work is available to view at the office plus some classes may have uploaded these images onto Seesaw for you to view.

Calendar 2024 \$16.00

Pack of Cards \$16.00

Diary 2024 \$18.00

Mouse Pad \$16.00

Sketch Pad \$16.00

All orders must be made in [KINDO](#) by the 1st September

https://shop.tgcl.co.nz/shop/q2.shtml?shop=Macandrew%20Bay%20School&service=calendar_art

Any questions please contact the school office. Please see some of the awesome art work examples attached.



Our new branded Sports Uniforms are now available to purchase through myKindo

If you have not already logged in with myKindo, please find the instructions below. We have the full range of sizes, in both the sweatshirt and tee, that are available for fitting in the school office.

We have a number of events coming up including Polyfest, Term 4 Sports (Futsal and Touch Rugby), Peninsula Athletics Day at the Caledonian and Cross Country in December and these new uniforms would look great on our tamariki!

Available to purchase:

Sprint tee: 100% breathable polyester quick dry teeshirt with the new logo on the left chest and back. Sizes 4 - 16. More information about these sizes can be found [here](#). Cost is **\$35.00**

Origin Hoodie: 300gsm, 80% cotton, 20% polyester, anti-pill, pre-shrunk, soft brushed inside with a lined hood with drawstring. Logo also on the left chest and back. Sizes 4 - 14. Further information about these hoodies can be found on the Cloke website [here](#). Cost is **\$60.00 without a name printed** on the back and **\$70.00 with a printed name**. We are encouraging family names but it will be your choice about what you have printed on the backs of these hoodies.

Thanks for Katherine Cooke, Andrew Jack and Chris Ward for your work on this project.

To purchase via myKindo you need to set up your myKindo account:

New users can [click here](#) to set up your myKindo account.

Simply enter in the same email address our school has on file for you.

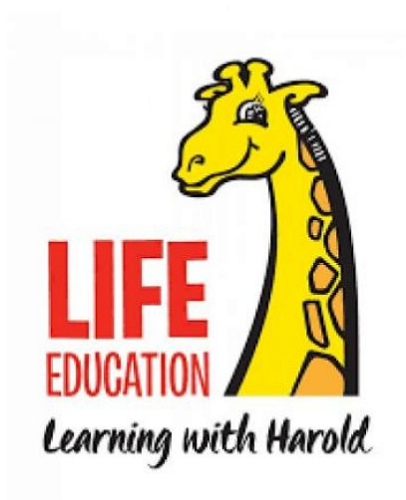
Already myKindo account?

You can [click here](#) to login and update your details.

myKindo app is also available to download for both android and iPhone once you have registered online.

Need assistance? Our Kindo helpdesk is open 8am to 4pm Monday to Friday.

Freephone: 0508 4 KINDO (0508 454 636) Email: hello@myKindo.co.nz



Harold and Maria have been teaching at schools in Dunedin during the winter months.

We were lucky to have them in our school this week.

They have taught a wide range of topics including:

- Resilience
- Qualities of friendship and being friendly
- The importance of kindness and empathy
- Understanding feelings
- Managing big emotions
- Food and nutrition
- Hauora – whole body wellness

Life Education health and wellbeing programmes are constantly updated and individualised to meet the needs of each kura.

Click [here](#) to see the August Newsletter full of resources for families and whanua.



Help your community to vote in this year's general election!

Get paid to bring your skills to the 2023 General Election

We need over 20,000 people from across Aotearoa New Zealand to help deliver the 2023 General Election. There are roles for people with no experience, right through to leadership opportunities. The Commission is a living wage employer and provides training for the roles.

Election day is Saturday 14 October, and advance voting begins on Monday 2 October. Whether you're available to work for several weeks, or just for a day, there's a variety of roles that may suit you!

You can apply at work.elections.nz. All jobs are listed by electorate so you can find a role in the location that best suits you.



**WIN your
weekly lunch
for free ALL
next term!!**

All lunches bought this term will go into the draw to win this giveaway!

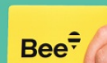
Valid from Pita Pit George Street Only.
All lunches bought this term go into the draw. School will be notified of the winner at the end of this term.

Win your weekly lunch free all next term with Pita Pit!

School lunches can be purchased through lunchonline (www.lunchonline.co.nz). Order your sushi for Wednesday or Pita Pit for Thursday by 9.00am.

BACK TO SCHOOL ON THE PUBLIC BUS?

Get a Bee Card. Register it.
Tag on & tag off. Get low fares.



To access cheaper travel concessions you need a registered Bee card!

These are free before the 30 September.

Remember to register your free Bee Card today

All travel concessions on buses are only available with REGISTERED Bee Cards. So, if you are aged 5+ and have an unregistered Bee Card, you will pay \$3 per bus trip.

We invite you to pop into an ORC office or a Bee Card retailer to pick up a **free Bee Card** before 30 September, or ask your bus driver for one - and remember to register it by going online here: <https://beecard.co.nz/>

5-12 years with Bee Card — FREE fares with a REGISTERED Bee Card

If you're aged 5-12 years, you travel free on the bus. You must have registered your Bee Card online and must tag on and tag off.

13-18 years with Bee Card — 60c fares with a REGISTERED Bee Card

If you're aged 13-18 years, you pay 60c per trip on the bus. You must have registered your Bee Card online and remember to tag on and tag off.



Take A Kid Fishing

The Otago Fish & Game Council has been running free Take A Kid Fishing events at the Southern Reservoir for 13 years. This popular event returns on September 2nd, 3rd, 9th and 10th this year.

Take a Kid Fishing is aimed at encouraging primary school-aged children to get outside and experience fishing. While teaching them to catch a fish is a fundamental component,

these events also focus on environmental awareness and provide a chance for the community to get together.

Fishing licences are not necessary for the event as Fish & Game will issue a free group licence to cover all participants when fishing.

You must register to attend this popular event.

Go to the Otago Fish and Game Council Facebook page, or follow the link below:

<https://www.surveymonkey.com/r/CNDY7L2>



JUMP START AEROBICS

ACCEPTING ENROLMENTS

JOIN OUR JSA FAMILY FOR 2023/24

YEAR 3-13 & ADULTS

Aerobics displays high intensity, movement and skills to fast paced music choreographed to suit you!

At JSA our coaching team works hard to ensure we create a fun, engaging and supportive environment that enables all athletes to grow, develop and showcase their love of aerobics.

CONTACT NOW

FOR MORE DETAILS:
JUMPSTARTAEROBICS@GMAIL.COM

NZCAF

LESSON INFORMATION AVAILABLE ON REQUEST

Jump Start Aerobics is now accepting new enrolments for the 23/2024 season

Starting Week 1 of Term 4 2023. Boys and girls can both take part in sport aerobics with a wide variety of categories available. Students must be in Year 3+

At Jump Start Aerobics we place a huge emphasis on creating a safe, engaging, and fun environment that successfully allows our athletes to grow, develop and improve with the help of our coaching team. Information packages are available on request for athletes who wish to join.

jumpstartaerobics@gmail.com



FREE FATHER'S DAY FAMILY EVENT

Thursday 31st August

5pm - 7pm

Kids DIY, Sausage Sizzle, Workshops and more activities!

For more details or to book your spot, scan QR Code

Free Father's Day Family Event

Thursday 31st August 5pm - 7pm



KIDS XC series

2023

No pre-entry - turn up on the day.

Sun 27 August
Rotary Park
10am Start
Free Event for 10 & under
Can donation for food bank

Collect the Blue Ribbon

Certificates for all

Cool Obstacles

All enquiries to
ariki.athletics.club@gmail.com

Kids XC Series - this Sun 27th

Rotary Park, 10 am start. Free event for 10 & under. Can donations for the food bank.