



Macandrew Bay School

Macandrew Bay School Newsletter - 27 October 2023

Kia ora koutou,

I hope everyone enjoyed their Labour Day and that you enjoyed the extra day on Monday with your whānau. This week I have loved seeing our tamariki step up and show their leadership skills by leading workshops in Whakarangatira and with building our tumbling composter. These are just a few examples of the tamariki taking the lead in their learning at our kura. By encouraging students to take ownership of their learning, the students become intrinsically motivated, and see their worth and potential. Giving greater power to pupils allows them to become more aware of their personal strengths and to develop greater confidence in becoming lifelong learners.

I wanted to also take this opportunity to say a BIG thank you to the amazing kaiako at our school as it is Mana Kaiako Day- Teacher Day today in NZ. Thank you for all you give to your students each and every day. Your encouragement, energy, brilliance, creativity, support, wisdom and kindness. Thank you for believing in our tamariki and ākonga before they believe in themselves.

I hope everyone has kept warm today after this cold snap and that you enjoy your weekend!

Noho ora mai

Nic



Toroa - Tumbling Composter

Toroa Class has been excited to raise nearly \$300 from their plant sale. We have bought the tumbling composter, and some bird netting with the money. We have some left money left over and may spend it on potting mix and seeds. This week Greg came and helped put the tumbler together.

As part of our science we have been investigating what is needed to make a good compost as well as the benefits to our soil and plants.

We are making compost in glass jars to watch the process. We can't wait to fill our new compost.



Family Traditions

Rātā class are just loving term four! Athletics, buddy maths and sharing special family traditions have been real highlights so far.

Rātā children worked hard, nearly every morning, in the lead up to Peninsula Athletics day. The children love getting out each morning with Kowhai and Kākano to practice high jump, hurdles, long jump, sprints and shot put. We were so proud of our classmates that ran the whole way around the track to complete 400 metres. It was such a lovely chance to make friends with children from our neighbouring schools.

Last week we began our "All about my Family" bag sharing. The children have been bringing some special items to school that show a unique tradition from their family or something about their culture. It's been fun to reach out and welcome the different family traditions and cultures from within

our class.



SPECTACULAR MACANDREW BAY SCHOOL ART AUCTION

Join us for a Spectacular Online School Art Auction! Date: November 6-13

From Monday you'll have the chance to bid on exquisite pieces of art that will not only adorn your walls but also support the next generation of budding artists.

This extraordinary event promises a vibrant collection of paintings, ceramics, and other awesome creations that reflect the diversity and our artistic community. Don't miss this unique opportunity to acquire original, one-of-a-kind pieces and contribute to our school's art programme.

Mark your calendars and visit our official poster for more details and a sneak peek at some of the incredible artworks up

for auction.

Please also print a copy of the poster and circulate far and wide so we get as much exposure to the auction as possible!

P.S if you go to the link for a sneak peak, keep in mind it's still a work in progress and more artwork is being added daily.

THANKS!

<https://drive.google.com/file/d/1ljGwP5QFGdfgDRbeYonLP6B-SH4TQPfb/view?usp=sharing>



URGENT: Do you want to sponsor our Art Auction this year?

Every second year we hold The Macandrew Bay School Art Auction which is our major biennial fundraiser.

The Art Auction features local artists who generously contribute their work for us to raise money for our arts programmes, visiting artists who come in and work with the children, and drama and musical performances for the children to enjoy. The proceeds from this fundraiser enrich the children's experiences and learning opportunities at our

school and help build a love of the arts amongst our tamariki.

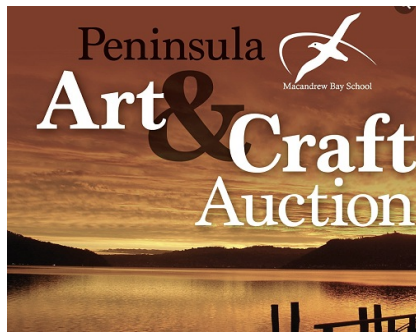
For our upcoming Art auction we're looking for one or two businesses to sponsor our online art auction website. In return your business name appears on the front page of the website, on all the sponsorship banners, all the printed posters and all the social media posts (Instagram page and the school Facebook page) and several of the artists will link their pages to the site. So there's a fair amount of exposure.

So in return for your sponsorship you would get:

- Brand alignment with a highly regarded local primary school
- Your logo on the GalaBid auction banner
- A dedicated 'Sponsors' page on GalaBid featuring your business name and logo (hyperlinked to your website), company description and website address
- Shoutouts on our social media platforms acknowledging your sponsorship

The entire auction platform is \$2000 and we're asking for three businesses to contribute \$500 and the Whānau and School will contribute the rest. Please get in touch with Kim Meredith-Jones if you can help us.

kim.meredith-jones@otago.ac.nz



Artists in our community- Our Art Auction needs you!

"Calling all Artistic Talent!"

As you are all probably aware our Biannual Art and Craft Auction is only weeks away. We're still on the lookout for talented artists and craftspeople who would like to contribute their work to this exciting event. This is a fantastic opportunity for both established artists and aspiring talents to showcase their creations and support our school.

Do you know someone who possesses a gift for art or craftsmanship? Perhaps a family member, friend, neighbour, or even you yourself? We invite anyone with a passion for creating beautiful and unique pieces to take part.

Contributing to our Art Auction Fundraiser not only helps raise funds for our school but also provides a platform for artists and craftspeople to gain recognition for their work. Whether it's paintings, sculptures, jewellery, pottery or any other form of artistry, we welcome a diverse range of talents.

So if someone you know is interested in participating we need to have all submissions in before the 6th of November. They can contact Kim at macbayartauction@gmail.com and fill in details of their work at: : <https://forms.gle/U8cP9zVpeW8ySzn89>.

Thanks!!

**If you have to put
someone on a pedestal,
put teachers.**

They are society's heroes.

- Guy Kawasaki

Mana Kaiako- Teacher Day today

Happy Teacher Day to all our kaiako!

Thank you for all you give to your students each and every day. Your encouragement, energy, brilliance, creativity, support, wisdom and kindness.

Thank you for believing in our tamariki and ākonga before they believe in themselves. Thank you for changing lives.

Teaching is never just 'a job'. It's a vocation, a life-long passion, a calling. It's an incredible privilege to be a teacher, and in our experience, it's incredible people who choose this mahi.

Thank you to our Macandrew Bay teachers! You are the best :)



What lives in our backyard?

This term we have a Science/ Enviro Schools focus for our inquiry.

At Macandrew Bay School we treasure and value our school environment. This term we are continuing our manaakitanga work by diving deeper into what lives in our backyard and what we can do to protect and maintain it.

Tahu from Orokonui Sanctuary visited our school on Monday and this was a fabulous igniter for our topic. All classes with the support of Tahu have picked an area of the school they would like to develop, nurture and protect.

Our focus for this science topic will be the living world where the children will learn:

- Living things have different features/ characteristics in order to survive.
- We can describe living things by their different characteristics.
- We can classify things as living or non-living/animal or not, based on these characteristics.

We will use the Enviro Schools Guiding Principals to underpin this inquiry

Learning for sustainability is a holistic, action and future-focused approach to learning, that engages our whole selves and addresses all aspects of our local and global environment.

Sustainable communities act in ways that nurture all aspects of nature, including people, now and in the future. By working together and supporting each other we create safe, healthy, equitable and thriving communities.

Some of the class projects include our school garden, planter boxes that were created as part of whakarangatira, our stream, bird feeders and much more!



Dates to Remember

Term dates for 2023:

Term 4

- starts Monday 9 October
- ends Friday 15th December 2023, 12pm

Other days including Public Holidays coming up:

Labour Day- Monday 23rd October

Staff only day- Friday 17th November 2023

Term 4 dates: (so far)

COMING UP NEXT WEEK:

- **Board Meeting- Monday 6th November, 6:30pm.**
- **Macandrew Bay School Art Auction (online event) - starts Monday 6th November and finishes 13th November**
- **Nicola Ellis Public Health nurse session- Wednesday 8th November, 3-5pm**
- **November 9th- Kārearea Year 5 overnight camp to Quarantine Island**
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- Staff Only Day, Friday 17th November- Focus- Te Mātaiaho/Curriculum Refresh
- Beach Education Trips

30th November (Junior School and Tūi class Year 3's)

1st December (Kererū class Year 3's, Year 4's and Kārerarea)

7th December (Torua class)

- Annual School Cross country- Date to be confirmed but it will be the week beginning **4th December**
- Final Board Meeting- Monday 11th December, 6:30pm
- **Year 6 Leavers Assembly- Tuesday 12th December, 1pm**
- **School year ends- Friday 15th December 12pm**

Term dates for 2024:

School begins Wednesday 31st January

Term 1:

Wednesday 31st January to Friday 12 April

Term 2

Monday 29 April to Friday 5 July

Term 3

Monday 22 July to Friday 27 September

Term 4

Monday 14 October to Tuesday 17 December



Gumboot Friday- Next Friday-Coin trail

Gumboot Friday, founded by mental health advocate Mike King, is a free counselling service for any young person in New Zealand aged 25 and under.

An overworked, underfunded, and under resourced public mental health service has led to excruciatingly long wait times for young people needing immediate help. Our free counselling platform provides a bridge to rangatahi in need by breaking down the barriers of cost and wait times.

By supporting Gumboot Friday, you're making a real difference, helping us keep up with the rising demand and ensuring every young Kiwi gets the mental health support they deserve.

Let's make kids' mental health a priority in Aotearoa

We're on a mission to make sure young people aged 5-25 in New Zealand get free and timely counselling when they need it most.

Join us today, and let's rewrite the story of young lives together. Your action can create a brighter, healthier future for the next generation.

So what are we doing at Macandrew Bay School to help?

Next Friday we are asking our tamariki, staff, parents/whānau to wear your gumboots to school and to donate to our coin trail to help raise much needed funds for supporting Mental Health.

We also have a colouring competition going on within our classes. A special prize will go to the class that does the best display of gumboot colouring.

Special thanks to Dawn Restieaux who has helped us with our Gumboot Friday mahi and Dawn has organised a special speaker to come to talk to the tamariki at our Focus Assembly next Friday, Scott Weatherall.

In our kura we refer to the whare tapu whā model to help us with our hauora and wellbeing. The most important thing for tamariki to understand is that *many things contribute to our wellbeing*. What is 'wellbeing'? We like this simple way of defining wellbeing as – Feeling Good and Functioning Well. When we 'check in' with ourselves and others, we can ask: Am I feeling okay and able to do the things I need to? If the answer is 'yes', our wellbeing is kapai! The whare shows all the areas that contribute to our wellbeing, including our:

- Taha tinana – physical health.
- Taha whānau – family and social health.
- Taha wairua – spiritual health, e.g. our "beliefs, values, traditions, and practices, that support self-awareness & identity"
- Taha hinengaro – mental and emotional health. The important things to know are that we all have mental health (just like we all have physical health) and there are easy things we can do to look after it e.g. being with friends, being active, being kind, learning new things, and having people to talk to and laugh with.
- Whenua – our connection to the land, our place and our roots.

In the Whare Tapa Whā model, these areas form the foundations and walls of the whare. If we're caring for each area, our whare is strong and we're likely to have great wellbeing. If we're not feeling our best, we can look at these areas and see which ones we can strengthen.



Welcome to School

Welcome to Jonas and Amélie. Jonas has started in Kōwhai class and Amélie in Toroa class. We wish you all the best with your school days at Macandrew Bay School!



Writing from our writing stars!

Whio

Whio bobbing silently on the rushing water.

An insect lawnmower, snapping up insects with lightning speed.

By Will Stephenson

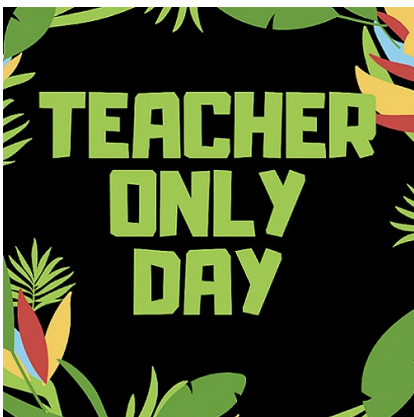
Biking in the Forest

Roaring down the hill

On my bike in the forest

Excitement building

By Sarn Corson



Teacher/Staff Only Day- Friday 17th November

The Board of Trustees have approved another teacher/staff only for Friday 17th November. School will be closed for instruction on this day.

We will be working alongside staff from Portobello, Broad Bay and Andersons Bay schools. The day will be facilitated by local Ministry of Education Curriculum Leaders and focused around Te Mātaiaho. Te Mātaiaho, the refreshed framework for the New Zealand Curriculum, is a curriculum designed for all ākonga, to ensure their sense of belonging and ability to flourish through high-quality learning experiences.



Sickness- What to do if your child is feeling sick?

We have had a huge amount of sickness through our kura in the last two weeks. Hopefully things are on the improve! Here are a few reminders and things to look out for if your child is sick.

Influenza

Key points to remember about the flu

- the flu (influenza) can be a serious and sometimes life-threatening viral infection
- it is not the same as having a bad cold
- flu is very easy to catch so good hygiene is very important to reduce spread
- even if your child is fit and healthy, they can easily catch the flu
- flu immunisation every year offers the best protection
- keep infected children away from other people and don't send your child to day care or school if they are unwell
- contact your doctor if you are concerned about the severity of your child's symptoms, they are under 12 months old, or have a long-lasting (chronic) medical condition

What is the flu?

Influenza, commonly called 'the flu', is an infection caused by the influenza virus. It affects the nose, throat, lungs and other parts of the body. The flu can be a serious and sometimes life-threatening infection. It infects many people every year, mostly during the winter months in New Zealand.

What are the signs and symptoms of the flu?

Flu in children usually causes at least 2 or 3 of the following symptoms:

- a fever that starts suddenly (a temperature more than 38 degrees Celsius)
- body aches or pains
- headache
- dry cough which may become moist
- sore throat
- low energy or fatigue
- chills or shivering
- runny or stuffy nose
- upset tummy, vomiting or diarrhoea

Sometimes people confuse a cold with the flu. But with the flu, people are generally more unwell and flu symptoms may last longer.

Occasionally, flu can cause serious illness. This depends on the type of virus and a child's age and general health. The flu can be more serious in children who also have a long-lasting (chronic) disease. Your doctor can give you more advice if your child has one of these conditions.

If your child is displaying one of the following symptoms you are best to keep them home.

Fever

This is one symptom that automatically rules out school, no questions. Your sick child should be fever-free without medication for at least 24 hours before you send them back to school. Keep your child home, making sure they drink plenty of fluids and can recover from whatever they are battling.

Diarrhoea

This could be a sign of a viral infection, so it's best to keep your child at home. Diarrhoea can cause dehydration so keep offering clear fluids but avoid drinks containing sugar including fruit juices (dilute apple juice is ok).

Vomiting

Aside from the fact that your child won't be comfortable, they could vomit again. Keep them home until they have gone 48 hours without vomiting as they may remain contagious until 48 hours after the last bout of sickness.

Cough

It depends on how severe the cough is. Coughs can spread infection to other students. A serious cough can also keep a child from getting a good night's rest, which means they will be too tired for school in the morning. As a general rule, if your child has a serious wet cough, particularly if it's accompanied by breathing troubles, seek medical advice. But if it's just a mild, occasional cough and they have no other symptoms, they can probably go to school.

COVID

Just a reminder about keeping your tamariki home if they are unwell. We have plenty of RAT tests available in the office if your whānau would like these. We are happy to send these home with your child if you email the office. Please let us know if your child does test positive with Covid-19 so we can monitor the potential spread in classes and support you.

I have included a link with the latest MOH information.

<https://covid19.govt.nz/>

In summary:

If you test positive for COVID- You must self-isolate for 7 days while you recover.

Day 0 is the day your symptoms started or when you tested positive, whichever came first.

Your Household Contacts do not need to isolate. They should test daily for 5 days. If they test positive, they need to begin 7 days of isolation as someone with COVID-19.

Runny nose

If you kept your child home every time they had the sniffles, they would miss a lot of school. Use your judgment. If they have a runny nose but seem otherwise fine, then it's probably okay for them to go to school (with a box of tissues).

Trust your instincts. If your child seems lethargic and just not themselves (if they're not interested in playing, that is often a big clue), keep them home and monitor them for any signs of illness.



Nicola Ellis- Public Health Nurse session

Nicola Ellis is our school Public Health Nurse and she does a wonderful job supporting our kura and tamariki.

Nicola will be available on Wednesday 8th of November between 3-5pm to chat and answer any questions you may have about a variety of health related issues including things like- Sleep and sleep routines and other routines too. If you are not able to make the session you are welcome to email me or Nicola any questions you may have. Nicola is very approachable and remember no question is silly! See the information below.



Extended Leave from School

If you wish to take your child out of school for a holiday or extended time, please advise the office, principal and class teacher in advance. We need to know the dates that your tamariki will be away and when they will return to school.



Plumbing Job

Calling any plumbers in our community that could help with a wee job relocating a tap from an inside wall to an outside wall for our new hanging garden. Please let Nic know if you can help :)



Tennis Courts

Our tennis courts are a valuable space to the school, as well as the wider Macandrew Bay community.

This well-used facility desperately needs resurfacing. The Macandrew Bay School Board of Trustees are keen to hear from you if you have any expertise in asphaltting, or if you have some possible funding ideas for this much needed

maintenance. (Email: williamjcmckee@gmail.com)



SANTA PARADE - 3 DECEMBER

If you are 5/6 year old and want to be fairies or pirates in the Santa Parade

please contact me on dnsantakids@gmail.com to express their interest.

Costumes are provided.

They need to be available all afternoon on Sunday 3 December & have a parent who will walk alongside the float.

BOOST YOUR LEARNING

Does your child require further support or extension, over and above what can be offered at school?

Would your child benefit from bespoke and nurturing learning sessions from a highly experienced teacher designed to accelerate learning and boost confidence? We would love to help. We are a team of dedicated teachers, specialising in English and Maths support, for primary, intermediate and college students. Visit www.boostyourlearning.co.nz for more information or contact Anna on 020 4031 6035 to book a free consultation.

Have a Go At Springboard & Platform Diving

Diving is a fun and dynamic sport that helps develop agility, strength, coordination & deep-water confidence.

- Energy to burn? Always wanted to jump off the Moana Pool platforms, on the look-out for a new sport or just love a challenge?
- Book your child in for a FREE Have-a-Go-Day.
- Anyone can try as long as you can swim! All ages and abilities are welcome.
- Professional and supportive coaching environment.

The club caters for:

- Beginner divers - options multiple days of the week.
- Recreational & Graded classes working on ribbon awards.
- Development & Competitive programmes for nurturing our nations future divers.
- Teens, Adults, Masters in a recreational class for 15yrs and over.

visit our website for more information or to register for a free trial session

www.divingotakou.org.nz
divingotakou@gmail.com




WHARE

House

Kei runga tō mātou whare i tētahi puke.

Our (3/+ exclusive) house is on a hill.

- this is an example of a [locative sentence](#)

E rima ngā rūma moe kei tōku whare.
There are five bedrooms at my house.