



# Macandrew Bay School



*Simply the best for our children.*

11 November 2016

Dear Parents and Caregivers  
Kia ora koutou katoa

## **SCHOOL FAIR THIS WEEKEND!**

After all the months of preparation and planning and weeks of hard work getting ready we are all set for a brilliant school fair this weekend.

The children are really excited and looking forward to all the fantastic activities and fun that will be on offer.

Saturday is set up day and we will be at school from 9.00am getting everything and set up for the following day. We will then be able to lock the school up and be ready for the action on Sunday. If you have some time available please pop in for an hour or two (or whatever you can spare). The more people involved the quicker we will be organised. You can also drop your baking in on Saturday if you are organised with it already as this will help the Cake Stall people with pricing if they are not doing it all on Sunday morning.

Thank you to everyone who is planning their baking. Do whatever you like baking – sweets, cakes, loaves, muffins, biscuits etc. It will all be very gratefully received on Saturday at the latest.

On Sunday it would be wonderful if people can be at their stalls nice and early so you are all prepared and ready when the Fair officially opens at 11.00am.

## **PACK UP**

After the fair closes on Sunday afternoon it would be great if we can have lots of help to tidy up and get the school back to normal so school work can carry on as normal on Monday.

We know Fair weekend is exhausting but it is also a very special time!

It is a time when we all come together as a community and work for the common good of our local children and their educational opportunities. We will be tired when it is done but we will know we have worked together as a team, connected with new people within our school community and provided our children and local community with a really fun local event.

Thank you so much to all of you for helping out and to the wonderful Home and School parents, lead by Liz Luscombe and Sue Lund for the huge amount of work you have put in. Fingers crossed we will have good weather but even if it isn't we will still have a wonderful Fair.

## **SCHOOL PHOTOS**

The Photo packs are not back yet and are likely to be about a week away yet. They come in a pack that goes home letting you see what the photos will look like and giving you the opportunity to order.

## **OTAGO CHAMPIONSHIPS**

We have now heard that we have 17 children who have qualified for the Otago Champs and will be heading back to the Caledonian to compete next week on Tuesday the 15<sup>th</sup> of November and postponement day is Thursday 17th November.

Mr. Direen will again go with the children and will be needed to run an event out on the field so thank you to Sue Lund who has agreed to help manage the children with the other parents there. Mr. Direen has sent home a notice to the children and families involved and we would appreciate help transporting the children to and from the event please.

All the very best to the children competing. We are very proud of your efforts and your attitude and self-management skills. Have a great day enjoy it and we know you will try your hardest.

**Photos from the South Zone Sports Day**





## **SCHOOL CAMP**

Please get all those forms back into Mrs Ward as soon as possible to help out with what is a huge organisational task at a very busy time of the year.

I am sure the children are starting to get very excited about the upcoming camp.

The cost per student is \$200.00 for the week and there is also a cost for parents who are coming on Camp too.

The Camp will be held at Berwick out on the Taieri (28Nov – 2 Dec) for the week from Monday to Friday. A great programme of activities have been planned by Mrs Ward, including Abseiling, River Safety programme, rafting, Obstacle course, Search and Rescue activities, kayaking, walking, Wearable Art, a quiz and a concert and much more! The children will have a ball as always.

### **ENROLMENTS – NEW ENTRANTS COMING 2017, 2018, 2019**

We would really appreciate all parents who have preschoolers who are likely to be coming to Macandrew Bay School in the coming few years filling in the enrolment form at the back of the newsletter or it is easier emailing [admin@macandrewbay.school.nz](mailto:admin@macandrewbay.school.nz) as well as [principal@macandrewbay.school.nz](mailto:principal@macandrewbay.school.nz) so we can have really accurate predicted lists.

### **HEALTH TEAM**

Nic Brown took a small team of representatives from the Health team to a Health Celebratory Workshop on Wednesday this week where they shared their health initiatives here at school and learned from other schools and children about what they had been doing in 2016. They had a great morning. A big thank you to Miss Brown and the Health Team for all their efforts this year to promote healthy living in our school.

A recipe is attached at the end of the newsletter for homemade muesli bars.



## Photos from the Workshop





### **ARTIST IN SCHOOL – LYNDA BELL**

On Wednesday, Thursday and Friday next week we will have Lynda Bell coming to share her art making process with the children and to work with our children to create some fun artworks, inspired by Lynda's work.

The children will be creating animal portraits and we will collage these onto some large collaborative canvases. Lynda's work is very playful and colourful and we think the children will relate to it really well.

### **NEXT SAUSAGE SIZZLE- 18 NOV**

The Sausage Sizzle date is the 18<sup>th</sup> of Nov so we can use up any sausages that are not needed for the Fair. Orders in please by 9am on Wed the 16<sup>th</sup> of November

### **SCHOOL CROSS COUNTRY**

We hope to hold the Cross Country on the afternoon of the 6<sup>th</sup> of December, with a cancellation date of Thursday the 8<sup>th</sup> of December. The event is run up in the paddocks above Conway Street.

### **FINAL DAY OF SCHOOL AND 2017 START DATE**

Our Final day of School will be Friday the 16<sup>th</sup> of December with school finishing at 12.00pm on that day.

The 2017 School year will start on Tuesday 31<sup>st</sup> of January, with Teacher Only Day on

Monday 30<sup>th</sup> January.

Term 1	31 January 2017	-	Thursday 13 April 2017
Term 2	1 May 2017	-	Friday 7 July 2017
Term 3	24 July 2017	-	Friday 29 September 2017
Term 4	16 October	-	Thursday 14 December 2017 (approx)

### **UKELELE PERFORMANCES COMING UP**

Ms. Rose has a group of approximately 13 children who are going to perform at the RSA Concert at the Town Hall on the 22<sup>nd</sup> November (\$25.00 for adults, \$15.00 for children to see the full concert)

The weekend before some of this group are going to perform at 9.00am at Forsyth Barr Stadium – (Gold coin donation entry cost). This is part of the Relay for Life event.

And of course our Teacher Ukulele Group B66 will be playing at Macandrew Bay School Fair on the 13<sup>th</sup> and the keen Ukulele children from this group are invited to join in and play along as part of the entertainment.

A big thank you to Ms. Rose and our Ukulele players for all the work that goes into preparing for these performances.

### **FINAL ASSEMBLY – 14<sup>TH</sup> DECEMBER**

This will be held in the afternoon of Wednesday the 14<sup>th</sup> of December. All welcome.

### **BOT MEETINGS**

We have two BOT meetings this term on Tuesday 22<sup>nd</sup> November and Monday 12<sup>th</sup> December.

### **SICKNESS IN SCHOOL**

We are having a number of children off school with vomiting etc and thought it was time to give all parents a timely reminder about the time line for keeping your children at home if sick. Attached is a copy from the Ministry of Health Website.

#### **Guidelines from Ministry of Health**

#### **School exclusion**

Many illnesses are infectious, meaning they can be spread easily from one person to another.

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When your child catches an illness, there will be an **incubation period** before they show symptoms. Some illnesses are infectious before symptoms show; some are infectious even after symptoms have disappeared.

To stop sickness from spreading, it is important for you to keep your child at home when they are ill, and not let them go to school or preschool. How long they should be home depends on what sickness they have.

### 1.1 CONJUNCTIVITIS (VIRAL/BACTERIAL)

- **Symptoms appear after 2–10 days**
- **Infectious** while there is a discharge from the eyes
- **Keep child home** while there is a discharge from the eye and/or until 24 hours of treatment

### 1.2 GASTROENTERITIS (VIRAL)

- **Symptoms appear after 1–3 days**
- **Infectious** while vomiting and diarrhoea last, and up to 48 hours after the last episode of diarrhoea or vomiting
- **Keep child home** until well and for 48 hours after the last episode of diarrhoea or vomiting

### Impetigo (school sores)

**Symptoms appear after 7–10 days** **Infectious** until 24 hours after treatment with antibiotics or until sores have healed **Keep child home** until 24 hours after treatment has started or as advised by doctor or public health nurse

## DATES TO REMEMBER IN TERM FOUR

12 <sup>th</sup> Nov	Set up day for School Fair
13 <sup>th</sup> Nov	School Fair
22 <sup>nd</sup> Nov	BOT Meeting
18 Nov	School Sausage Sizzle
28 <sup>th</sup> Nov- 2 <sup>nd</sup> Dec	School Camp
6 <sup>th</sup> Dec	Cross Country if fine
8 <sup>th</sup> Dec	Cross Country Postponement date
12 <sup>th</sup> Dec	BOT Meeting
14 <sup>th</sup> Dec	Final Assembly
16 <sup>th</sup> December	Last day of Term 4 Finish 12.00pm

Bernadette Newlands  
**PRINCIPAL**

## SPORTS

### **RIPPA RUGBY 14<sup>th</sup> November**

#### Year 3 / 4

Mac Bay Dynamite vs Bathgate Suns    Field 1    3.45pm

Mac Bay Minotaurs vs St Clair 2    Field 3    3.45pm

#### Year 5 / 6 Pool B

Mac Bay Buffaloes vs Liberton Tigers    Field 4    4.15pm

## **FUTSAL**

**Week 6 – Tuesday 15<sup>th</sup> – Wednesday 17<sup>th</sup> Nov**

### **Tuesday 8<sup>th</sup>**

4.00pm – Mac Bay Vipers vs Arthur Street School Year 6 Boys Edgar Court 12

4.00pm - Mac Bay Pandas vs St Brigids Gold Edgar Court 10

4:30pm – Mac Bay United vs Andy Bay Hawks Edgar Court 16

### **Wednesday 2<sup>nd</sup>**

3.30pm – Mac Bay Hawks vs Kaikorai Pandas Edgar Court 8

4.00pm - Mac Bay Magicians vs Andy Bay Leopards Edgar Court 8

4.30pm – Mac Bay TNT vs St Mary's Mosgiel Edgar Court 18

5.00pm - Mac Bay Wizards vs BVA Gold Edgar Court 4

5.00pm - Mac Bay Goblins vs Columba College Y3/4 Blue Edgar Court 10

6.00pm - Mac Bay Tigers vs Bradford Burglars Edgar Court 10

## **HOME & SCHOOL**

### **Macandrew Bay School Sweatshirts**

We have had a number of requests for another run of the school sweatshirts. In order to be able to provide these on an ongoing basis we have set up an ongoing order with Promo-X at 28 McBride Street, South Dunedin ph 456 4303. The youth sizes can be purchased from them for \$33.90 – this is for the thick blue hoodie with embroidered logo on the front and Macandrew Bay printed on the back. Adult sizes are available at \$35.10. The youth sizes available are from youth X-small up to youth X-large. We have two samples in the office (youth small and youth large) that you can use to size your children. In order to purchase these just contact Promo-X to make your order and they will contact you when they are ready for you to pick up. All payments are made directly by you to Promo-X.

## **NOTICES**

### **WANTED**

House / accomodation over Xmas December 23rd - 28th.

Family coming over from Australia.

4 - 6 Adults house sitting (or modest rent)

Happy to look after pets. Anything considered.

Please phone Tim (NZ contact) 021 299 1461.

### **BASIC SEA KAYAKING SKILLS WORKSHOP**

This workshop is to be held at the Macandrew Bay Boating Club on Sunday 27<sup>th</sup> November 10.00am – 12.00pm.

Preferable to bring your own kayak.

Bring a change of clothes.

Queries phone Lin Campbell 4761940 or 0272243830

## **SAUSAGE SIZZLE 18<sup>th</sup> November**

Childs Name: \_\_\_\_\_

Room: \_\_\_\_\_

No of Sausages: \_\_\_\_\_ @ \$2.00 each

No of Juicies: \_\_\_\_\_ @ \$1.00 each

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## **SCHOOL FAIR VOLUNTEERS**

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone no: \_\_\_\_\_

Stall I can help on: \_\_\_\_\_

Happy to help anywhere:

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## **VOLUNTARY SCHOOL DONATIONS**

\$25.00 per term per child or \$100 for the 4 terms per child

Name of child/children \_\_\_\_\_ Rm \_\_\_\_\_

\_\_\_\_\_ Rm \_\_\_\_\_

Amount enclosed \_\_\_\_\_

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**VOLUNTARY SCHOOL ACTIVITY DONATION** – This helps pay for school trips, performances and education outside the classroom.

\$10.00 per term per child or \$40.00 for the 4 terms per child

Name of child/children \_\_\_\_\_ Rm \_\_\_\_\_

\_\_\_\_\_ Rm \_\_\_\_\_

Amount enclosed \_\_\_\_\_

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## **NEW ENTRANTS – ENROLMENTS FOR 2017,2018,2019**

Childs Name: \_\_\_\_\_ D.O.B \_\_\_\_\_

Parents/Caregivers Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

### **Home-made muesli bars**

#### **Ingredients**

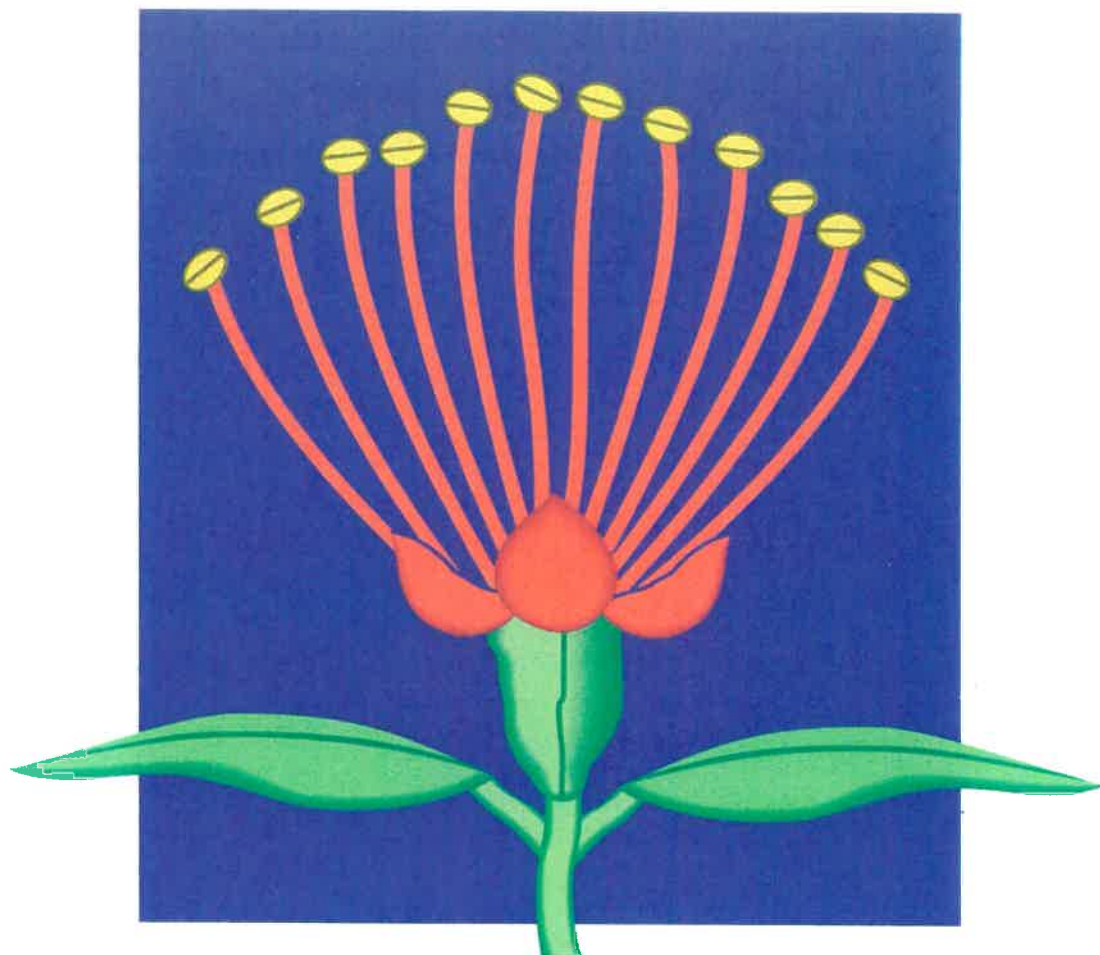
- **125 g** olive oil margarine or butter
- **1/3 cup** (75g) firmly packed brown sugar
- **2 tbsp** honey
- **1 1/2 cups**(135g) rolled oats
- **1/2 cup**(75g) self-raising flour
- **1/2 cup**(65g) sweetened, dried cranberries or 1/2 C choc chips
- **1/2 cup**(70g) coarsely chopped, pitted dried dates
- **1/2 cup**(80g) sultanas
- **1/4 cup**(50g) pumpkin seeds
- **2 tbsp** sesame seeds

#### **Steps**

4. Preheat oven to 180°C (160°C fan-forced). Grease a 28cm x 18cm slice pan. Line the base and two long sides with one piece of baking paper.
5. Stir margarine, sugar and honey in medium saucepan over medium heat until sugar is dissolved. Stir in remaining ingredients.
6. Press mixture into the pan and smooth the surface. Bake for about 35 minutes or until golden. Cool in the pan. Cut into bars.

Muesli bars will keep in an airtight container for up to one week.

# CHRISTMAS ART FAIR 2016



**MACANDREW BAY HALL**

**Saturday 26 and Sunday 27 November**

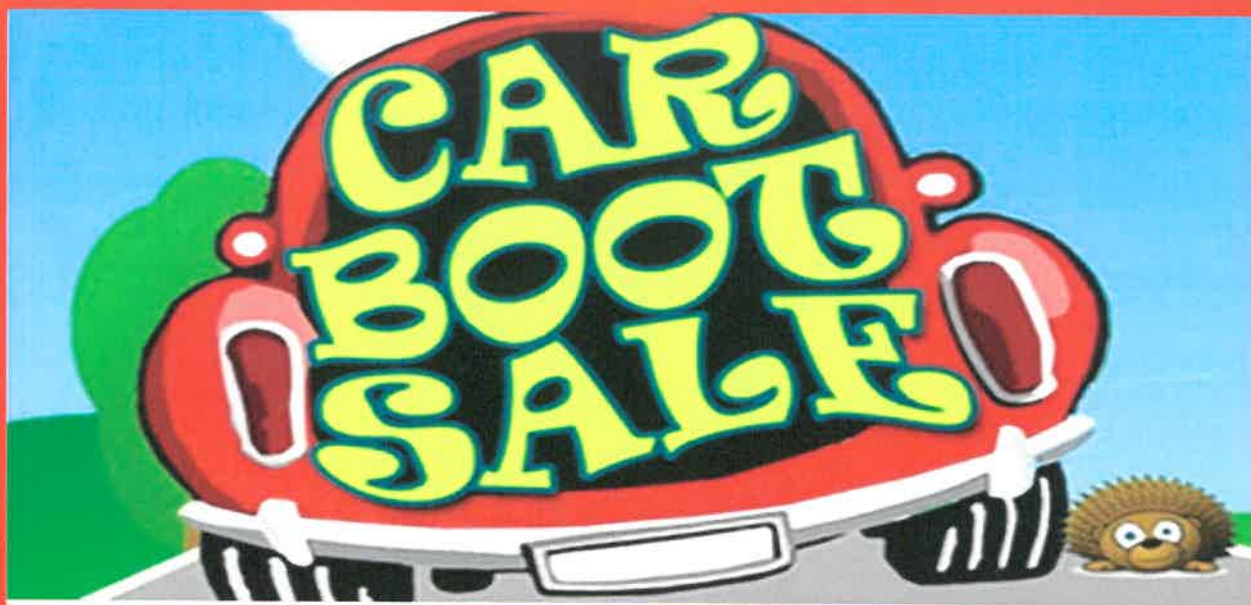
**10am to 5pm daily**

**Great presents for Christmas**

**Ceramics, cards, paintings, mosaics, books, prints,  
photos, sculptures, beeswax and honey.**

**Take away what you buy.**

**OTAGO PENINSULA ARTISTS**



**Sunday 27th November 9 —12pm**

**Grants Braes Football Club  
260 Tomahawk Rd, Ocean Grove**

**ALL WELCOME**

**Sausage Sizzle**

**Raffles**

**Coffee & Cake**

**Limited Spaces**

**Book your space**

**NOW**

**Cars \$10**

**Table in hall \$20**

Make  
some  
money  
for **xmas** or do  
your **xmas** shopping



**Fundraiser  
For  
Grants Braes  
2017 season**

**To book your space  
Contact  
Chris  
Ph/Txt: 027 809 8573  
Or 454 4638**

# RASA SHOW 2016

Sunday Dec. 11th  
at 6pm

REGENT THEATRE

Adults \$17 / Children,  
Students, Seniors \$14  
Under 5s \$5  
Booking fee applies to all seats.

## WE DANCE FOR THE LOVE OF IT!

**TICKETS AVAILABLE AT: Regent & [ticketdirect.co.nz](http://ticketdirect.co.nz)**

**RASA**  
SCHOOL OF DANCE



Seen in  
Dunedin



REGENT  
THEATRE

*Estelle* FLOWERS



MEGAPHONE  
PRODUCTIONS

netti

# Acidity of drinks

The pH scale measures the acidity or alkalinity of a solution. Pure water has the neutral pH of 7. Solutions with pH values lower than 7 are acidic and higher than 7 are alkaline.

The levels of acid, which can erode the surface of the teeth, is not published on the drinks by manufacturers. Acidity of drinks is a hidden danger.

**Drinks with pH lower than 5.5 have a high erosive potential. This includes diet, sugar free and 'zero' options as well.**

## MORE ACIDIC [drink less]

HIGH	MEDIUM
Coca-Cola/Pepsi pH 2.3	
Diet Coke pH 3.0	
Energy drinks pH 3.1	
Sprite pH 3.4	
Apple juice pH 3.4	
Orange juice pH 3.6	
Diet 7-Up pH 3.7	
Sparkling mineral water pH 3.9	



## LOW

Flavoured Milk pH 6.5  
Milk pH 6.8



## NEUTRAL

Pure Water  
pH 7.0  
(neutral)

## Switch to water!



NEW ZEALAND  
DENTAL ASSOCIATION

# DRINKS damage TEETH

Soft drinks, sports drinks, energy drinks and juices contain acid and sugar that destroy teeth.



## Acid

Drinks that are acidic have a high erosive potential. They soften tooth enamel and dissolve the outer layer.



## Sugar

Tooth decay occurs when sugar feeds the bacteria in the mouth and produces acid.

This acid attacks the teeth and causes gradual destruction of the tooth.



## Time

The longer it takes to drink a sugary, acidic drink, the greater the damage.

Sipping for a long time causes more damage due to prolonged contact time with the teeth.



NEW ZEALAND  
DENTAL ASSOCIATION

Reduce your intake of drinks containing sugar and acid. Water is the best choice. It's free. It's fresh. It's available on tap.

**Halberg  
Disability Sport  
Foundation**



## **Watercooled Halberg Water Sports Day Dunedin**

**Register now for a fun day  
in the water and  
experience the magic of  
paddle boarding and  
kayaking!**

**For physically disabled  
New Zealanders**

**To register to participate or  
volunteer, contact Craig Latta on  
[info@watercooled.co.nz](mailto:info@watercooled.co.nz) or  
03 479 2206.**

**Date: Sunday 11 December  
Time: 10:00am - 1:00pm  
Location: Watercooled Sport,  
9 Kitchener Street, Dunedin**



**All equipment provided, just bring wetsuits and swim gear. Plus, bring your  
bikes as the event will be close to the cycleway.**

**If you have any queries about the event, please contact Halberg  
Disability Sport Adviser Bridget Meyer on [bridget@halberg.co.nz](mailto:bridget@halberg.co.nz) or  
027 697 7177.**

**With thanks for support from:**



**FLIGHT CENTRE  
FOUNDATION**



**mti**  
MOTOR  
TOUR

# Get kids into nature



***Become a Kiwi Guardian family!***

*There's a beautiful country just waiting to be explored. Best of all, you're already in it! If you love nature and love having fun, get into Toyota Kiwi Guardians.*

*Toyota Kiwi Guardian's is an activity programme for kids to learn about nature, earn cool rewards and go on epic family adventures!*

*It's as easy as: Visiting [www.kiwiguardians.co.nz](http://www.kiwiguardians.co.nz)*

*Selecting a Kiwi Guardians location near you*

*Getting out to explore*

*Finding the Guardian Post to earn a Kiwi Guardian medal*

*Taking part in an activity for extra medals*

## **pānui(tia):** read

He pai ki a koe te *pānui* pukapuka?

Do you like to *read* books?

- this is an example of a [classifying sentence](#) {QuestionTone}

Kāore ia i *pānui* i tāna mahi-ā-kāinga.

He didn't *read* his homework.

- this is a [negative verbal sentence](#)

-

Nā te rangatira taua īmēra i *pānui*.

It was the boss who *read* that (aforementioned) email.

- this is an example of the [agent emphatic](#)

Kei hea ngā *pānui* mō tēnei ahiahi?

Where are the *notices* for this afternoon?

- this example uses [hea to ask where](#)

Kāore anō tēnei *pānui* kia pānuitia e au.

I have not yet *read* this notice. (This notice has not yet been read by me.)

- this is a [negative verbal sentence](#)

Kua *pānuitia* taua pukapuka e au.

I have *read* that (aforementioned) book. (That aforementioned book has been *read* by me.)

- this is an example of an [active sentence](#)